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Sustainable solid waste management in urban India: Challenges and future prospects

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Abstract

India's urbanization growth has resulted in a huge increase in solid waste production and has transformed solid waste management into a critical threat. The essay looks into the role of solid waste management and the importance of sustainable practice to shield the environment against the growing waste crisis in urban India. Poor infrastructure, erratic collection practices and changing consumption behaviours are among the challenges to undermine solid waste management. Besides this, the additional challenges, a new trend, and practices to strengthen environmental protection and public health in recent years are discussed. Finally, future perspectives are presented alongside suggestions to solid waste management in urban India to continue to grow for sustainability goals.

Keywords: Urban solid waste management, sustainable waste practices, waste segregation and recycling, environmental impact assessment and waste-to-energy technologies

Introduction

Solid waste management has emerged as a critical challenge in the context of urban India due to the rapid expansion of city populations and changing lifestyles. The management of solid waste not only affects the cleanliness and livability of urban environments but also plays a decisive role in advancing urban sustainability, protecting public health, and mitigating environmental degradation. Addressing these concerns requires a comprehensive understanding of current waste generation patterns, existing management frameworks, and the various obstacles that hinder progress. This essay examines the scale and dynamics of solid waste generation in Indian cities, evaluates the effectiveness of prevailing systems, and assesses the array of challenges that impede sustainable outcomes. Furthermore, it explores innovative strategies and emerging trends, culminating in forward-looking recommendations to strengthen solid waste management for a more sustainable urban future.

Overview of Solid Waste Generation in Urban India

It is thus evident that the scale and changing characteristics of solid waste in urban India necessitate a departure from the established methodologies for dealing with them. More than 62 million tons of solid waste was generated across Indian cities in 2015. The waste generated has various sources - households, commercial and institutional establishments and municipal services contribute to multiple waste streams, such as organic waste, plastics, construction refuse and electronics (Sharma & Jain, 2019) ^[19]. Per capita waste generation has been increasing in recent years at the current figure is around 450 grams per capita per day (gpcd). This rise is driven by population growth, economic development and a change in consumption trends (Sharma & Jain, 2019) ^[19]. Household and commercial operations account for a large share of solid waste generated in urban areas today, resulting in complex compositions and mix that are increasingly difficult to manage through existing collection and treatment methods (Sharma *et al.*, 2021) ^[14]. The rising trend of both volumes and diversity of solid waste, therefore, calls for adapted approaches and measures that deal with the specific characteristics that define waste generation in urban India.

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Table 1: Solid Waste Generation and Composition in Urban India

Component of Waste	Percentage (%)	Description
Organic/Biodegradable Waste	50-55%	Food waste, vegetable residue, garden waste
Plastics	12-15%	Carry bags, packaging material, PET bottles
Paper & Cardboard	8-10%	Newspaper, office paper, cartons
Glass	3-5%	Bottles, broken glass items
Metals	2-3%	Tin cans, aluminum waste
E-waste	1-2%	Discarded electronics and components

Furthermore, rapid urbanization and population growth have played a decisive role in driving the escalation of solid waste generation across India's principal metropolitan areas. As cities such as Delhi, Mumbai, and Chennai attract millions of new residents, both organic and non-organic waste streams have expanded in tandem with the growing urban populace. Increased standards of living and evolving consumption habits commonly associated with urban migration have contributed to higher per capita municipal solid waste production, often matching trends observed in high-income countries (Dutta & Jinsart, 2020) ^[3]. The coupling of demographic expansion with industrial growth has also intensified hazardous and municipal waste challenges, placing unprecedented demands on collection, transportation, and processing systems. As waste generation continues to accelerate in these populous centers, the current trajectory signals an urgent need for more responsive and scalable management strategies tailored to the realities of India's rapidly evolving urban landscape (Dutta & Jinsart, 2020) ^[3].

As a result of insufficient regulation and ineffective practices, the improper disposal of solid waste has produced detrimental effects on both urban environments and public health in Indian cities. Unregulated dumping frequently leads to the proliferation of illegal landfills and open burning, releasing hazardous pollutants into the air and contaminating soil and water resources (Dutta & Jinsart, 2020) ^[3]. This environmental deterioration is often accompanied by increased incidences of respiratory illnesses, waterborne diseases, and vector-borne infections among urban residents, since waste sites become breeding grounds for harmful pathogens and scavenging animals. Furthermore, accumulated garbage in public spaces exacerbates urban flooding, disrupts local ecosystems, and diminishes the visual and sanitary quality of neighborhoods, impacting the overall well-being of urban populations. Consequently, the persistent shortcomings in waste oversight have intensified the urgency for reforms that prioritize both environmental integrity and health protections in urban India (Dutta & Jinsart, 2020). ^[3]

Existing Solid Waste Management Systems

Municipal bodies in urban India employ a range of methods to manage the collection, transportation, and disposal of solid waste, yet these systems often contend with considerable limitations. Typically, primary waste collection is executed through door-to-door services or community bins, after which designated vehicles transport waste to transfer stations or direct disposal sites. The study of six

Indian Smart Cities reveals that variations in waste characterization significantly influence infrastructure decisions, with effective plans reliant on precise data about local waste streams and service needs (Cheela *et al.*, 2021) ^[1]. Although some municipalities have begun integrating data technologies and service-level monitoring to refine systemic efficiency, much of the process remains inconsistent due to financial constraints and institutional inefficiencies. To address these discrepancies, participatory data collection involving local stakeholders has been advocated as a means to identify specific gaps, inform targeted investments, and guide the adoption of integrated solid waste management systems in urban centers (Cheela *et al.*, 2021) ^[1].

However, the effectiveness of existing waste collection and segregation practices in Indian cities remains hindered by several persistent challenges. While door-to-door collection and community bin systems have provided some structure, inconsistent implementation and inadequate monitoring often result in poor source segregation and the commingling of recyclable and organic waste. Open dumping remains prevalent in various urban areas, contributing to uncontrolled emissions and environmental degradation despite the presence of formal collection mechanisms (Pujara *et al.*, 2019) ^[11]. Additionally, limitations in public awareness, infrastructure, and technical support undermine efforts to introduce or scale up proper separation at the point of generation, thereby reducing the potential for resource recovery and environmentally sound disposal. Without the integration of comprehensive methods such as material recovery facilities and systematic life cycle analysis, current collection and segregation practices fall short of supporting sustainable development objectives in urban India (Pujara *et al.*, 2019) ^[11].

In addition, the overwhelming reliance on open dumping and landfills continues to dominate as the principal disposal methods for solid waste in urban India, despite growing awareness of their limitations. Many cities utilize informal dumping grounds and inadequately engineered landfills, which routinely experience leachate seepage, groundwater contamination, and hazardous gas emissions that threaten both local ecosystems and resident health (Kaur & Deswal, 2019) ^[7]. Open dumping in particular persists due to insufficient regulatory oversight and the lack of accessible alternatives, while conventional landfills often operate at or beyond capacity, complicating long-term planning and remediation efforts. Financial constraints and the absence of modern infrastructure further restrict the widespread adoption of advanced disposal or treatment facilities, leading to a perpetuation of environmentally damaging practices (Kaur & Deswal, 2019) ^[7]. These persistent challenges surrounding open dumping and landfill dependency underscore the necessity for systemic change focused on sustainable and environmentally responsible waste management in urban centers.

Moreover, the informal sector—particularly waste pickers—plays a critical role in the functioning of urban solid waste management systems in India. By collecting, sorting, and recycling materials from municipal waste streams, these workers contribute substantially to resource recovery and landfill diversion efforts, often filling gaps that formal collection systems leave unaddressed. Despite their contributions, informal waste pickers remain vulnerable due to the lack of legal recognition, social protection, and access

to safety equipment or healthcare, which exposes them to hazardous working environments and economic insecurity (Kapoor & Chakma, 2024) ^[4]. Their marginalization is further exacerbated by limited public engagement and the minimal integration of informal operations into municipal planning, which can impede the creation of comprehensive and equitable management strategies. Consequently, strengthening the inclusion and protection of the informal sector emerges as a central consideration when developing sustainable waste management policies and fostering greater community involvement (Kapoor & Chakma, 2024) ^[4].

Key Challenges in Urban Solid Waste Management

One of the most persistent barriers to effective solid waste management in urban India is the chronic inadequacy of infrastructure, which impedes the systematic collection, segregation, and processing of burgeoning waste streams. Urban local bodies frequently struggle to secure sufficient financial resources, resulting in limited or aging equipment, understaffed operations, and gaps in service coverage for both primary and secondary waste handling. In many municipalities, the absence of well-developed treatment and disposal facilities forces reliance on unscientific methods, with approximately 90% of municipal solid waste disposed of in ways that threaten public health and environmental stability (Meena *et al.*, 2023) ^[10]. Weak enforcement of regulations further compounds these difficulties, as inconsistent oversight enables both private and public actors to circumvent standards associated with waste segregation, transportation, and final disposal. These intertwined challenges require comprehensive reforms that address institutional capacity, regulatory effectiveness, and the allocation of funding for sustainable waste management infrastructure (Meena *et al.*, 2023) ^[10].

Table 2: Key Challenges in Urban Solid Waste Management

Challenge	Impact	Reason
Lack of Waste Segregation	Increases landfill load	Poor household-level practices
Insufficient Infrastructure	Inefficient waste collection	Limited vehicles, poor road access
Low Recycling Rate	Resource loss	Weak recycling network
Unscientific Landfills	Soil & groundwater pollution	Open dumping, no liners
Public Awareness Issues	Poor compliance	Limited education & outreach

Additionally, social and behavioral barriers present considerable challenges to the effective management of urban solid waste in India. Widespread low public awareness about the environmental and health risks associated with improper waste handling often leads to apathy and limited participation in source segregation initiatives. Cultural attitudes toward waste, which tend to frame it as a matter to be hidden rather than responsibly managed, contribute further to these difficulties by discouraging open community engagement in waste reduction and recycling practices (Randhawa *et al.*, 2020) ^[12]. Poor participation in waste segregation can perpetuate inefficient collection and make advanced treatment processes less feasible, thereby reinforcing reliance on unsustainable disposal methods. Addressing these challenges will require institutional strategies that not only

improve public education but also foster behavioral change and cultivate a sense of collective responsibility toward waste management (Randhawa *et al.*, 2020) ^[12]. Furthermore, technological and operational barriers significantly hamper the effectiveness of urban solid waste management in India. Many municipalities continue to rely on outdated equipment and insufficient vehicle fleets, resulting in frequent breakdowns and delays in waste collection cycles. The lack of modern processing facilities—including composting plants, waste-to-energy units, and advanced recycling centers—restricts opportunities for resource recovery, forcing cities to dispose of increasing volumes of waste through rudimentary methods (Kumari *et al.*, 2019) ^[9]. Logistical complications, such as inefficient routing, limited transfer stations, and mismatched scheduling, further constrain the capacity of local bodies to provide uninterrupted and comprehensive waste management services. These systemic challenges not only diminish operational efficiency but also weaken efforts to implement environmentally sound treatment approaches, highlighting the pressing need for technological upgrades and logistical improvements within the sector (Kumari *et al.*, 2019) ^[9]. On the other hand, policy and governance issues further complicate the landscape of urban solid waste management in India by fostering fragmented responsibilities among different agencies. Overlapping jurisdictions and unclear lines of authority often hinder coordinated actions, resulting in inefficiencies and policy inconsistencies at both municipal and state levels. Insufficient implementation of existing policies, coupled with weak regulatory frameworks, frequently allows for lapses in waste segregation, monitoring, and enforcement activities (Kumar *et al.*, 2024) ^[8]. This scenario is exacerbated by inadequate municipal planning, insufficient funding, and limited stakeholder engagement, reducing the scope for effective and proactive interventions. Without strengthened oversight and streamlined interagency collaboration, governance failures are likely to persist as central obstacles to the development of an integrated and sustainable solid waste management system in urban India (Kumar *et al.*, 2024) ^[8].

Environmental and Health Impacts

Poor solid waste management in urban India leads to a multitude of adverse environmental consequences, spanning air, water, and soil pollution. Unregulated dumping and unscientific treatment of waste frequently result in the leaching of hazardous substances, such as heavy metals and organic pollutants, into nearby soil and groundwater tables, thereby endangering local ecosystems and human populations. Furthermore, the open burning of waste produces toxic airborne emissions, including particulate matter and dioxins, which degrade ambient air quality and heighten the risk of respiratory and cardiovascular illnesses among urban residents (Chopra *et al.*, 2022) ^[2]. Water pollution arises as leachate from improperly maintained landfill sites seeps into streams and rivers, contaminating potable water resources and disrupting aquatic habitats. The cumulative impact of these environmental hazards underscores the need for scientifically grounded waste management strategies that mitigate pollution and protect urban communities from enduring harm (Chopra *et al.*, 2022) ^[2]. Consequently, the health risks associated with hazardous waste exposure weigh most heavily on

marginalized communities and waste workers within urban Indian settings. These groups are often situated near unregulated dumping sites or employed in informal waste processing, where limited access to safety equipment and healthcare heightens their susceptibility to disease and injury. Contact with unsorted municipal waste exposes individuals to pathogens, toxic chemicals, and sharp objects, amplifying the prevalence of respiratory disorders, skin ailments, and infections among vulnerable populations (Soni *et al.*, 2022) ^[17]. Moreover, inadequate regulatory enforcement and minimal public health outreach fail to address the chronic hazards faced by those whose livelihoods depend on scavenging and recycling discarded materials. The disproportionate burden borne by marginalized urban residents and informal sector workers highlights the necessity for integrated waste management policies that prioritize occupational safety, public awareness, and equitable health protections (Soni *et al.*, 2022) ^[17].

Moreover, the contribution of improper waste management to greenhouse gas emissions and climate change warrants critical examination, given its immediate and long-term environmental repercussions. Decomposing organic waste in open dumps and landfills releases considerable amounts of methane, a potent greenhouse gas with far greater warming potential than carbon dioxide. Frequently, the lack of proper segregation and treatment facilities exacerbates methane formation and enables the uncontrolled burning of refuse, resulting in additional emissions of carbon monoxide and other pollutants (Kumar *et al.*, 2024) ^[18]. This pattern of pollutant release not only accelerates urban air quality decline but also intensifies the broader impacts of climate change by increasing atmospheric greenhouse gas concentrations. Addressing these challenges requires a fundamental shift toward waste management practices that prioritize methane mitigation, robust infrastructure, and adherence to systematic waste handling protocols to reduce climate-related risks in urban Indian contexts (Kumar *et al.*, 2024) ^[18].

Sustainable Practices and Innovations

Among the various sustainable solid waste management practices advancing in urban India, select cities have demonstrated notable progress through decentralized composting initiatives and waste-to-energy projects. For instance, cities such as Rourkela have adopted decentralized composting units that effectively process organic waste close to the source, thereby reducing transportation requirements and minimizing landfill use. These efforts are further strengthened by dedicated information technology platforms and community engagement strategies that facilitate participation and transparency, as evidenced by the case study of the Rourkela Municipal Corporation between 2015 and 2021 (Thakur *et al.*, 2024) ^[18]. Meanwhile, municipal authorities in other smart cities have invested in waste-to-energy facilities that harness mixed municipal solid waste streams for power generation, offering a viable alternative to open dumping while addressing rising energy demands. Collectively, these examples illustrate the potential for tailored, locally adapted waste management innovations to mitigate environmental burdens while fostering civic responsibility and resource efficiency (Thakur *et al.*, 2024) ^[18].

Table 3: Sustainable Practices and Innovations in Solid Waste Management

Sustainable Practice / Innovation	Benefit	Example Application
Decentralized Composting	Reduces organic waste load	Community compost units
Waste-to-Energy Technology	Converts waste to electricity	Refuse-derived fuel plants
3R Approach (Reduce-Reuse-Recycle)	Minimizes total waste footprint	Source segregation programs
Digital Monitoring (IoT, GIS)	Improves collection efficiency	Smart bins, GPS tracking
Public-Private Partnerships (PPP)	Enhances service quality	Private facility management

Furthermore, the integration of 3R (Reduce, Reuse, Recycle) principles into urban waste management frameworks has become a vital strategy for minimizing overall waste generation and mitigating environmental harm. Across major Indian cities, community-led initiatives such as neighborhood collection drives, awareness campaigns, and decentralized sorting efforts have played pivotal roles in promoting waste reduction at the grassroots level. Adoption of the 3R model, especially for plastic and other recyclables, is increasingly supported by targeted technology interventions, local policy support, and collaborative partnerships between urban local bodies and citizen groups to improve collection and segregation rates (Kataki *et al.*, 2022) ^[6]. By advancing the reuse of materials through initiatives like repair cafés and promoting recycling via material-specific drop-off points, these community approaches not only limit landfill dependency but also encourage behavioral change. In particular, urban participation in source segregation and circular economy activities is helping foster a culture of resource stewardship while bolstering the effectiveness of existing waste management infrastructures (Kataki *et al.*, 2022) ^[6].

In addition, emerging technology and digital solutions have brought forward new possibilities for enhancing efficiency and transparency in urban solid waste management. The integration of Internet of Things (IoT) infrastructure, including smart bins and waste tracking applications, enables real-time monitoring of waste accumulation, facilitates optimized collection routing, and generates data-driven insights for municipal decision-makers. These technological interventions have been piloted in major Indian cities such as Delhi, Mumbai, and Chennai, where empirical studies have demonstrated increased collection efficiency and more reliable recycling outcomes when IoT systems are deployed (Kasulla *et al.*, 2024) ^[5]. Nevertheless, the benefits of such digital innovations hinge on addressing significant challenges, including infrastructural gaps, resource limitations, and the necessity of safeguarding data security to maintain stakeholder trust. By advancing the adoption of smart waste management technologies, urban local bodies can improve service delivery, bolster system accountability, and lay the groundwork for sustainable, technology-enabled urban environments (Kasulla *et al.*, 2024) ^[5].

Moreover, scaling up sustainable waste management in urban India increasingly depends on strategic partnerships between public agencies and private sector entities. Collaborative arrangements facilitate the flow of technical knowledge, operational expertise, and financial investment essential for implementing innovative waste treatment

solutions that might otherwise remain out of reach for municipal bodies with limited resources. Public-private partnerships have enabled the rapid adoption of advanced waste processing and recycling technologies in several Indian cities, thereby improving overall efficiency in waste handling and diverting substantial quantities from landfills (Salins *et al.*, 2021) ^[13]. These cooperative frameworks also encourage the standardization of service delivery and create accountability mechanisms, ensuring consistent outcomes that align with both regulatory requirements and community needs. Ultimately, long-term collaboration between governmental authorities, private operators, and civil society organizations remains a central driver for expanding sustainable solutions and scaling best practices across diverse urban contexts (Salins *et al.*, 2021) ^[13].

Future Prospects and Recommendations

Looking ahead, the potential for scaling up sustainable solid waste management practices in urban India will depend on a coordinated approach involving robust policy reforms, targeted infrastructure investment, and systematic capacity building. Enhanced regulatory frameworks can help clarify responsibilities among agencies, incentivize compliance, and streamline the adoption of integrated management models that reflect international best practices (Sharma & Jain, 2020) ^[16]. It will also be necessary for major cities to prioritize investment in modern treatment facilities, reliable collection equipment, and technological upgrades to keep pace with escalating waste volumes and complex material streams. In parallel, comprehensive training programs for municipal personnel and community leaders will be central to equipping stakeholders with the technical skills and organizational competencies required to implement advanced systems at scale. Given India's prominent position among high-waste-generating nations, successfully executing these recommendations can support both environmental health and sustainable development objectives for urban areas (Sharma & Jain, 2020) ^[16].

To conclude, advancing sustainable solid waste management in urban India requires the implementation of practical and coordinated actions at multiple levels. Targeted public awareness campaigns can play a critical role in confronting entrenched attitudes and increasing community participation in source segregation efforts, which are necessary for reducing the commingling of recyclable and organic wastes. Furthermore, the introduction of financial or material incentives for households and businesses can motivate greater adherence to proper sorting practices, thereby improving the efficiency of collection systems and supporting resource recovery (Pujara *et al.*, 2019) ^[11]. Strengthening regulatory frameworks will be essential for ensuring consistent enforcement of waste handling norms, formalizing integrated solid waste management practices, and reducing reliance on open dumping by facilitating investments in advanced treatment technologies. In particular, adopting a holistic approach that combines public education, financial incentives, and robust regulation will help urban local bodies overcome longstanding shortcomings, progress toward sustainable development targets, and create healthier, cleaner cities for future generations (Pujara *et al.*, 2019) ^[11].

Conclusion

In summary, the analysis reveals that urban India faces formidable challenges in managing escalating volumes of solid waste, which threaten both environmental sustainability and public health. Comprehensive assessment of the country's current waste generation patterns, infrastructural shortcomings, technological barriers, and policy limitations underscores the pressing need for fundamental reforms in system design and governance. Effective management will require coordinated action among government agencies, private sector partners, informal sector workers, and the broader public to implement sustainable and context-driven solutions. Prioritizing inclusive strategies, upgrading treatment infrastructure, and fostering behavioral change are pivotal steps that can enable Indian cities to move toward cleaner, safer, and more resilient urban environments. Sustained commitment to collaboration and innovation is essential if India is to achieve its future aspirations for sustainable solid waste management.

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